

## Provisioning List

Please fill in the requested quantity into the “Quantity Column” and the weight/container type into the “Description” Column (e.g. Kilos, grams, bottles, tins, boxes etc)

<b>BAKERY</b>	Quantity	Description
Bread White		
-“- Wholemeal		
-“- Sliced White		
-“- Sliced Wholemeal		
Baguettes		
Bread rolls		
Rusks		
Other		
<b>DAIRIES</b>	Quantity	Description
Fresh Milk Whole fat		
2% fat		
0%		
Condensed Milk		
UHT Milk Whole fat		
2% fat		
0%		
Chocolate milk		
Cheese Feta		
Gouda		
Ementhal		
Cottage		
Roquefort		
Parmesan		
Sliced		
Grated		
Tofu		
Philadelphia		
Yoghurt Plain-full fat		
Low fat		
0%		
Fruit flavoured		
Greek Yoghurt		
Battered Milk		
Butter		
Margarine		
Eggs		
Other		
<b>DESSERTS</b>	Quantity	Description
Biscuits		
Cookies		
Petit Beurre		
Cream Crackers		
Rice crisps		
Cakes		
Chocolate		

<b>DESSERTS</b>	Quantity	Description
Doughnuts		
Croissant plain		
Chocolate filling		
Marmalade filling		
<b>MEDIA</b>	Quantity	Description
Batteries AA		
AAA		
36 mm film		
Mini DV tape		
Mini DVD – recordable		
<b>PACKED FOODS</b>	Quantity	Description
Breakfast cereals		
Jam (define flavors)		
Honey		
Peanut butter		
Nutella (praline spread)		
Sugar		
Saccharine		
Salt		
Pepper		
Seasoning -Vegeta, Delikat		
Oregano		
Paprika		
Curry powder		
Stock cubes - Chicken		
- Beef		
-Vegetable		
- Pork		
Instant soup Chicken		
Mushroom		
Vegetable		
Other		
Spaghetti		
Pasta		
Vinegar		
Mustard		
Mayonnaise		
Ketchup		
Oil Olive oil		
Sunflower oil		
Maze/Corn		
Rice		
Taramasalata		
Tzatziki		
Flour		
Other		

<b>JUICES-DRINKS</b>	Quantity	Description
Water (bottled) – still		
Mineral Water – sparkling		
Coffee Espresso		
Filter		
Instant		
Greek		
Caramel/other flavor		
Tea-bags Black		
Lemon		
Other flavors		
Cocoa		
Coca-cola		
Coca-cola light		
Pepsi		
Pepsi light		
Fanta orange carbonated		
Non-carbonated		
Fanta Lemon carbonated		
Non-carbonated		
Seven-up		
Sprite		
Soda		
Fruit-juice Orange		
Lemon		
Other		
Wine Red		
White		
Retsina		
Mavrodafni(sweet )		
Beer		
Whiskey		
Gin		
Tonic		
Vodka		
Ouzo		
Tomato Juice		
Straws		
Other		
<b>MEAT-FISH (canned/packed)</b>	Quantity	Description
Tuna		
Tuna salad meals		
Sardines		
Octopus		
Squid		
Anchovy		
Salmon		

<b>MEAT-FISH</b>	Quantity	Description
Bacon		
Ham		
Salami		
Sausages		
Luncheon meat		
Paté		
Other		
<b>CANNED/PACKED VEGETABLES&amp;FRUIT</b>	Quantity	Description
Baked beans		
Bean soup		
Corn		
Mushrooms		
Stuffed vine- leaves(ntlomadakia)		
Ready Cooked Spaghetti sauce (define recipe)		
Peas		
Peas and carrots		
Okra		
Tomato puree		
Caper		
Pickles		
Olives Black		
Green		
Canned fruit Peach		
Apricot		
Pineapple		
Pear		
Walnuts		
Hazelnuts		
Peanuts		
Raisins		
Pistachios		
Almonds plain		
Salted		
Potato chips plain		
Oregano		
Onion		
Dried fruit Papaya		
Mango		
Pineapple		
Figs		
Plums		
Apricot		
Other		

<b>GREENGROCER'S</b>	Quantity	Description
Tomatoes		
Peppers green		
Red		
Cucumbers		
Onions		
Spring Onions		
Lettuce		
Garlic		
Mushrooms		
Lemon		
Beetroot		
Parsley		
Celery		
Carrots		
Potatoes		
Bananas		
Peaches		
Grapes		
Oranges		
Pears		
Melon		
Watermelon		
Mango		
Pineapple		
Apples		
Apricot		
Figs		
Nectarines		
Cherries		

**You can write here any other additional item you want us to get for you**

<b>HYGIENE</b>	Quantity	Description
Liquid Handwash		
Bar of Soap		
Shampoo		
Shower Gel		
Toothpaste		
Toothbrush		
Sponge		
Suncream		
Conditioner/Haircream		
Tissues		
Toilet paper		
Deodorant		
Sanitary Bags		
Toothpicks		
Other		

<b>BABY CARE</b>	Quantity	Description
Diapers		
Baby wipes		
Fruit cream		
Milk Formula		
Baby wash		
Lotion		
Talcum Powder		
Baby Sun cream		
Other		

<b>HOUSEHOLD ITEMS</b>	Quantity	Description
Dishwashing liquid		
Kitchen Sponge		
Wettex		
Laundry detergent		
Floor+surface liquid		
Toilet freshener		
Cleaning/dusting cloth		
Kitchen paper (roll)		
Aluminum foil		
Plastic membrane		
Plastic/paper cups		
Matches		
Gas Lighter		
Other		

Name of Client: .....
Boat's Name: .....
Charter dates: .....
Time of Arrival: .....